# Reflective Log Example

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| --- | --- |
| NAME: |  |
| DATE: |  |
| Brief description of significant event. |  |
| What was I feeling at the time? |  |
| How did I react and why? What was informing my decisions? |  |
| On reflection I achieved/learned... |  |
| And I could have done differently … |  |
| My future learning needs are |  |
| Identify links to the PCF domains and SWE Professional Standards |  |